



# Rhino Roar

News for the Washington community

Published weekly (mostly)

November 4, 2021

Links to [calendar](#) and past [newsletters](#) on [PTA website](#)

## NO SCHOOL on Thursday, Nov 11, 2021 for Veteran's Day

Makeup **School Photo Day** will be held on Tuesday, November 9.

The world class [Berkeley High Jazz Band](#) will be performing in November, if you're a music fan, you don't want to miss this!

**Vaccines are FREE and available for everyone 5 and older, regardless of insurance or immigration status.**

Families who have a medical home can sign up for vaccines from their primary healthcare provider (such as [Berkeley Pediatrics](#), [East Bay Pediatrics](#), [Kaiser](#), [Sutter](#), and [Kiwi Pediatrics](#)).

Vaccines are also available at many local pharmacies, including [CVS](#) (schedule now for appointments starting 11/7), [Walgreens](#) (schedule now for appointments starting 11/6) and [Safeway](#) (coming soon).

Visit [Myturn.ca.gov](https://myturn.ca.gov) or [www.Vaccines.gov](https://www.Vaccines.gov) to find walk-in clinics or to make appointments at many other clinics offering these services across the area.

We'll soon share information about upcoming vaccine clinics offered by the City of Berkeley, including one this Saturday 11/6. Because these slots are quite limited, however, **the priority for these clinics is low-income families and those who face barriers to getting their vaccines elsewhere.**

To find a vaccine site in Alameda County visit <https://covid19.acgov.org/vaccines#availability>

Stanford Health Care – ValleyCare Vaccines:

[https://stanfordhealthcare.org/discover/covid-19-](https://stanfordhealthcare.org/discover/covid-19-resource-center/patient-care/safety-health-vaccine-planning.html)

[resource-center/patient-care/safety-health-vaccine-planning.html](https://stanfordhealthcare.org/discover/covid-19-resource-center/patient-care/safety-health-vaccine-planning.html)

Please also continue to check the [City of Berkeley vaccination webpage](#) for additional opportunities.

School Site Committee (SSC) Meeting on Wednesday, November 10 from 6 - 7:30 pm via Zoom. Agenda is [here](#).

[Join Zoom Meeting](#)

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Passcode: 1S0X397M

Washington's [Renaming Webpage](#) is now live! You can visit this for updates and information about the Washington renaming process. More information will be coming soon about how you can participate in the renaming process.

Below are upcoming Webinars and Town-Halls concerning Vaccines:

1. COVID Conversation #9 – CA Immunization Coalition

Updates on COVID-19 Vaccination for Children with Drs. Oliver Brooks and Grace Lee

When: **Thursday, November 4**

Time: 6:00 PM PST

Register [here](#)

2. Topic: Expanded Vaccine Eligibility for 5-to-11-Year-Olds

Interactive Q&A Town Hall and discussion with Dr. Erica Pan, California State Epidemiologist and Deputy Director of the Center for Infectious Diseases, and other CDPH subject matter experts

When: **Friday, November 5** from 11 AM-12 PM

Register [here](#)

3. On **11/10** from 5:30 - 6:30 UCSF is hosting a webinar focused on the [Covid-19 vaccine in kids](#)

We will start with an overview of the "current state of Covid" , and will then have a panel discussion with specialists (pediatric infectious disease, pediatric cardiology, and gynecology/MFM), who will answer questions about the Covid-19 vaccine for kids It is free to attend and will be very informational. It will be recorded and posted on youtube after the fact.

4. Talking to Parents about COVID-19 Vaccination for School-Aged Children

Speaker: Dr. Eric Ball, Pediatrician

When: Thursday, **November 11** from 12 – 1 PM

Register [here](#)

5. Talking about COVID-19 Vaccination and Fertility & Pregnancy

Speakers: Dr. LaTanya Hines and Dr. Michael Policar, OB-GYNs

When: Thursday, **November 18** from 12:30 – 1:30 PM

Register [here](#)

6. Washington PTA General Meeting: a local healthcare provider will answer questions about the COVID vaccine for children.

When: Thursday, November 18 from 6 - 8 pm.

Zoom link here: [Join Zoom Meeting](#) ID: 81201231603 Passcode: G3F8SxEp

**If you did not attend a Parent/Teacher Conference**, please contact your child's teacher to reschedule.

**Please donate to the Washington Fund!** Any amount is welcome and will directly benefit your child. You can donate [here](#).

Caregivers and staff from around BUSD have formed a group to meet monthly independently and with BUSD District leaders to reinforce Asian American and Pacific Islander visibility and voices in our school system. If you are interested in joining the email list, volunteering to lead an initiative or more, please email us at [BUSDAAPI@gmail.com](mailto:BUSDAAPI@gmail.com).

**Testing at Berkeley Adult School (BAS) for Symptomatic Students**

BUSD is now operating a COVID-19 testing kiosk that will be open on Monday-Friday from 2:00 – 4:30 in the back parking lot of the Berkeley Adult School. This kiosk is open to BUSD students and staff who are concerned about having a COVID symptom and want to be tested with a free, supervised PCR test. No appointment is necessary. If you haven't already done so, please complete this [Primary Health registration form](#) so your student can be tested at school, if necessary, and at the Berkeley Adult School. This registration is only required for the first time someone tests.

If your student has COVID-19 symptoms, please do not bring them to their school to test. Your student may return to school with a negative PCR test (from the Berkeley Adult School testing site or from other outside testing) **and** when symptoms have improved **and** when they have not had a fever for 24 hours without the use of fever-reducing medicine. Most PCR test results are available within 48-72 hours.

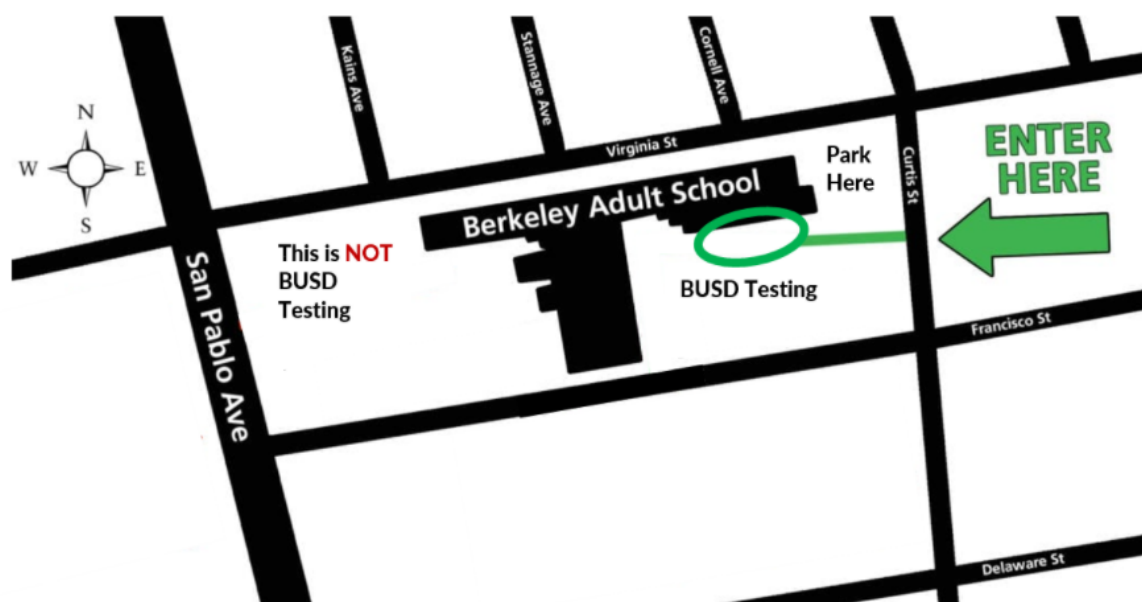
**Days:** Monday through Friday

**Time:** 2:00-4:30

**Location:** At the back parking lot of Berkeley Adult School, found on Curtis St. between Virginia and Francisco St.

**Special Directions:** Please park in the top parking lot, go to the testing table to be tested, and then exit through the Curtis St. entrance/exit again when you leave.

**Note:** Curative testing is being offered at the front parking lot of the Adult School. This is **not BUSD testing** and is not walkup testing.



### Pruebas en Berkeley Adult School (BAS) para Estudiantes y Personal Sintomático

BUSD está ahora operando un quiosco de pruebas COVID-19 el cual estará abierto de lunes a viernes de 2:00 a 4:30 en el estacionamiento de la parte posterior de Berkeley Adult School. Este quiosco está abierto a los estudiantes y al personal de BUSD que estén preocupados por tener un síntoma de COVID y quieran hacerse la prueba PCR gratuita y supervisada. No se necesita cita. Si usted aún no lo ha hecho, por favor complete este formulario [Primary Health registration form](#) de manera que su estudiante pueda recibir la prueba en la escuela. Esta inscripción es únicamente necesaria para la primera prueba de Primary Health.

Si su estudiante tiene síntomas de COVID-19, por favor no lo traiga a su escuela para hacer la prueba. Su estudiante puede regresar a la escuela con una prueba PCR negativa (del centro de pruebas BAS o de otras pruebas externas) **y** cuando los síntomas hayan mejorado **y** cuando no hayan tenido fiebre durante 24 horas sin el uso de medicamentos para reducir la fiebre. La mayoría de los resultados de la prueba PCR están disponibles en 48-72 horas.

**Días:** De lunes a viernes

**Horario:** 2:00-4:30

**Ubicación:** En el estacionamiento de la parte posterior de Berkeley Adult School, ubicado en Curtis St. entre Virginia y Francisco St. \

**Instrucciones Especiales:** Por favor, use el estacionamiento superior, diríjase a la mesa de pruebas para someterse a su prueba y, al salir, hágalo por la entrada/salida ubicada en Curtis St.

**Aviso:** Las pruebas Curative se ofrecen en el estacionamiento que se encuentra al frente de la Adult School. Estas no son **pruebas patrocinadas por BUSD** y no puede llegar sin previa cita.

**We need playground volunteers!** It's really challenging to staff noon supervision positions; if you have any extra time available to volunteer Monday - Friday 11 am to 12:40 pm, we need you! Please sign up [here](#).



## COVID-19

# HOLIDAY TRAVEL GUIDANCE

As families make holiday travel plans, please be aware of the Center for Disease Control (CDC) guidance for travelers and plan accordingly in order to keep our school environments healthy and safe.



## International TRAVEL

	Not Vaccinated	Fully Vaccinated
Get tested 1-3 days before traveling out of the US	✓	
Mandatory test required before flying to US	✓	✓
Get tested 3-5 days after travel	✓	✓
Self-quarantine after travel for 7 days with a negative test or 10 days without test	✓	
Self-monitor for symptoms	✓	✓
Wear a mask and take other precautions during travel	✓	✓

Make sure you understand and follow all airline and destination requirements related to travel, mask wearing, testing, or quarantine, which may differ from U.S. requirements. If you do not follow your destination's requirements, you may be denied entry and required to return to the United States.



## Domestic TRAVEL

	Not Vaccinated	Fully Vaccinated
Get tested 1-3 days before travel	✓	
Get tested 3-5 days after travel and self-quarantine for 7 days. Self-quarantine for 10 days if you don't get tested.	✓	
Self-monitor for symptoms	✓	✓
Wear a mask and take other precautions during travel	✓	✓



Information sourced from the Centers for Disease Control and Prevention

**Friday Coffee Hour!** Your Washington PTA provides delicious free coffee every Friday morning on McKinley between the barriers from 8:15 - 9:15 am ish. Come and celebrate Fridays!

**Campus opens at 8 am** Please do not drop your child off prior to this time unless they are enrolled in the [BEARS](#) before school program. Thank you!

### Calendar Reminders:

- ★ Nov 9 Make Up School Photos
- ★ Nov 10 School Site Committee Meeting (SSC)
- ★ Nov 11 NO SCHOOL Veterans Day
- ★ Nov 18 PTA General Meeting 6 - 8 pm
- ★ Nov 22 - 26 NO SCHOOL Thanksgiving Break

**If your child is absent for any reason**, please email [washingtonattendance@berkeley.net](mailto:washingtonattendance@berkeley.net) and copy your child's teacher. Thank you!

Questions or concerns? Please email Principal Katia Hazen at [katiahazen@berkeley.net](mailto:katiahazen@berkeley.net)

# What do I do if my child has COVID-19 symptoms\* with no known exposure?

(applies to **VACCINATED** and **UNVACCINATED** children)



- \*Common symptoms of COVID-19:**
- Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea

**Comfort**

- Reassure your child
- Explain as appropriate for your child's stage of development

**Get Tested**

- Contact your child's health care provider
- Get your child tested right away

If child tests positive

**Isolate**

- Your child must follow **Isolation Instructions** for at least 10 days
- **Keep your child at home** and away from others
- **Notify your child's school** about the test results right away

**Return to School after Isolation** ▲

If your child had COVID-19, they can go back to school when:

- (1) they have completed **Isolation**; **AND**
- (2) they have had no fever for at least 24 hours (without medicine); **AND**
- (3) they feel better.

If child tests negative OR does not get tested

**Return to School After Negative or No Test** ▲

As long as your child **does NOT test positive**, they can return to school when: (1) they have no fever for at least 24 hours (without medicine) **AND** (2) they feel better (symptoms are improving) **PLUS at least 1 of the following:**

- your child tests negative for COVID-19; **OR**
- you provide documentation from a health care provider that your child's symptoms are from another diagnosis: **OR**
- it's been at least 10 days since their symptoms began.

**Where can my child get tested?**

Testing can be done by your child's health care provider or at a **FREE COVID-19 test site**. Find one here:

[CityofBerkeley.info/get-tested/](http://CityofBerkeley.info/get-tested/)

▲ Check school/program policy before sending your child back.

Scenario 1: Has Symptoms, Revised 8.13.21

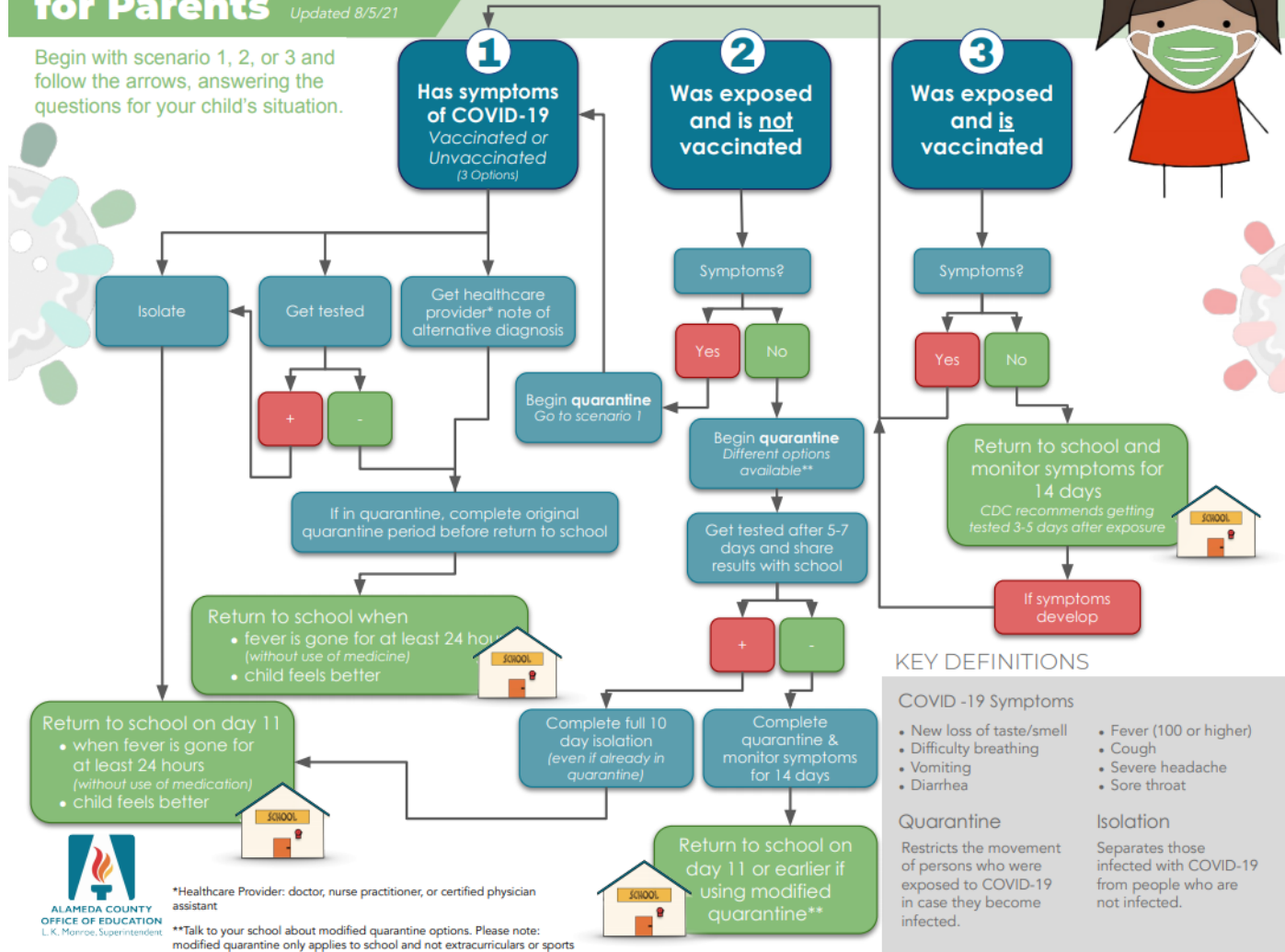
## COVID-19 Flowchart for Parents

Updated 8/5/21

### MY CHILD...



Begin with scenario 1, 2, or 3 and follow the arrows, answering the questions for your child's situation.



**KEY DEFINITIONS**

**COVID-19 Symptoms**

- New loss of taste/smell
- Difficulty breathing
- Vomiting
- Diarrhea
- Fever (100 or higher)
- Cough
- Severe headache
- Sore throat

**Quarantine**  
Restricts the movement of persons who were exposed to COVID-19 in case they become infected.

**Isolation**  
Separates those infected with COVID-19 from people who are not infected.

**ALAMEDA COUNTY OFFICE OF EDUCATION**  
L.K. Monroe, Superintendent

\*Healthcare Provider: doctor, nurse practitioner, or certified physician assistant

\*\*Talk to your school about modified quarantine options. Please note: modified quarantine only applies to school and not extracurriculars or sports

# How long to keep away from others (quarantine)

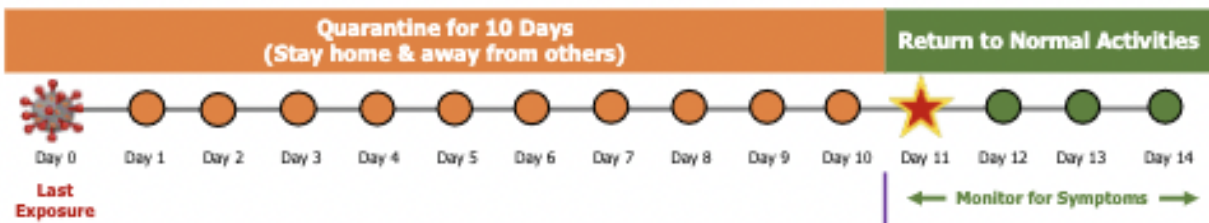
If you've had contact with someone with COVID-19

Applies to City of Berkeley Child Care, School & Youth Programs (9.17.21)

 Indicates first day released from quarantine

## 10-Day At-Home (Standard) Quarantine

Who's eligible?  
~ Children & adults  
~ Must be UNVACCINATED & ASYMPTOMATIC

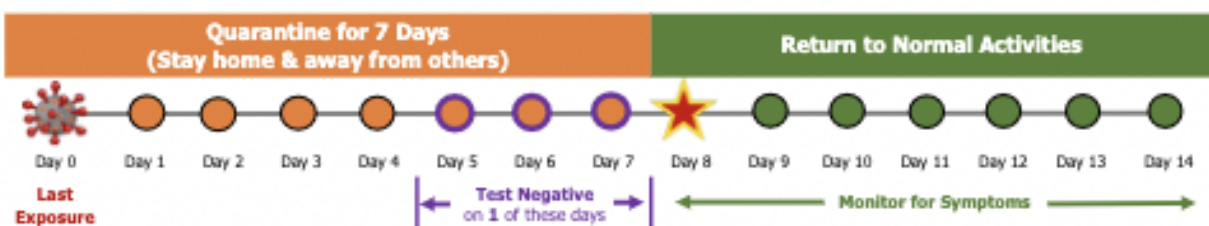


### REQUIREMENTS:

~ Students who develop COVID-19 symptoms or test positive during quarantine must isolate **immediately**

## 7-Day<sup>+</sup> At-Home (Shortened) Quarantine

Who's eligible?  
~ Children & adults  
~ Must be UNVACCINATED & ASYMPTOMATIC



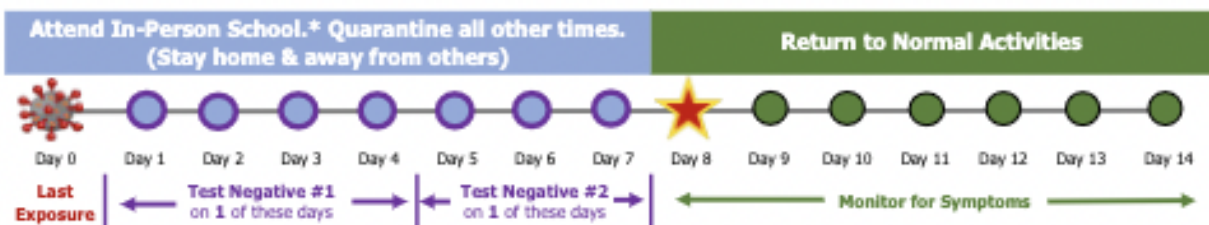
### REQUIREMENTS:

- ~ Test negative on or after Day 5 required to release from quarantine as early as Day 8
- ~ Students/staff who do not meet the testing timeline must switch to 10-day (Standard) Quarantine
- ~ Students/staff who learn of an exposure belatedly should calculate quarantine from their exposure date and meet test requirements from that point forward
- ~ Students/staff who develop COVID-19 symptoms or test positive during quarantine must isolate **immediately**

\*If test results are not received by the quarantine release date (Day 8), the student/staff should remain in quarantine until the negative test result is received or Day 11, whichever comes first.

## 7-Day<sup>+</sup> In-School (Modified) Quarantine

Who's eligible?  
~ Students - for exposures in supervised TK-12 school settings  
~ Must be UNVACCINATED & ASYMPTOMATIC  
~ Close contact & positive case both masked during exposure



### REQUIREMENTS:

- ~ Test as soon as possible after learning about the exposure.
- ~ Test negative on or after Day 5 required to release from quarantine as early as Day 8.
- ~ Students who do not meet the testing timeline must stop attending in-person class & switch to 10-day (Standard) Quarantine
- ~ Students who learn of an exposure belatedly should calculate quarantine from their exposure date and meet test requirements from that point forward
- ~ Students who develop COVID-19 symptoms or test positive during quarantine must isolate **immediately**

\*Students in Modified Quarantine may attend before- & after-school programs located on their own school campuses. No sports. No high-risk activities (e.g., wind instruments, choir). No participation in any other extracurricular or community activities. Stay home & away from others.

\*If test results are not received by the quarantine release date (Day 8), the student should remain in quarantine until the negative test result is received or Day 11, whichever comes first.