



# Rhino Roar

*News for the Washington community*

Published weekly (mostly)

December 10, 2021

Links to [calendar](#) and past [newsletters](#) on [PTA website](#)

**Walkathon WOW!** Thank you to all the volunteers who made the Walkathon so fun! Having parent volunteers again made it feel like old times! To donate, please visit <https://app.99pledges.com/fund/washington225> and click the blue "donate" button.

**Winter Party is on Saturday 3-5pm!** Please join us for this very special party and an annual tradition at Washington. Pajama jam, Tamale dinner, winter-themed photo booth, dancing with DJ Mr. Leaks and Company! Volunteers are still needed, please contact [jenafirh@gmail.com](mailto:jenafirh@gmail.com)

**We really need substitute teachers!** One parent has responded to the call so far and is making their way through the hiring process. If you have a B.A. and you're available even a few days a month, we want you! Apply [here](#) now!

**Good news!** We are not seeing transmission of COVID happening at school. Use of masks, sanitizing hands, eating outside while distanced is clearly working, so yay! There is COVID present in Berkeley and the Bay Area, and this is being discovered in our weekly testing and families testing on their own. We will continue with our weekly surveillance testing even if students are vaccinated.

**We will be sending an optional home testing kit with students to use before returning to school in January, stay tuned for this next week.**

Once your student has received both doses of the COVID-19 vaccine, please send a photo or scan of the front and back of their vaccine card so the district can verify their vaccination status. Please email: [vax@berkeley.net](mailto:vax@berkeley.net)

If you can't send a photo or scan, please email [vax@berkeley.net](mailto:vax@berkeley.net). A staff member will help you with the verification process.

Starting in March, students who are ages 5 and up and unvaccinated will receive weekly letters from the district reminding families of the need for vaccination.

School photos are ready so please be on the lookout for an email from Blue Note Photography ([no-reply@gotphoto.com](mailto:no-reply@gotphoto.com)). The email will contain all the information you need to see and order the photos.

Here are a few things to keep in mind:

- Because of general shipping delays across the country, the print lab recommends ordering by Dec. 9 to ensure delivery by Christmas using standard shipping.
- Blue Note Photography can only share photos with the email addresses provided by the school. For security reasons, they will not send any identifying information to unrecognized email addresses so please be sure to check the email address we have

on file, including the junk folder.

- Different sized photos get cropped differently. You get a preview and the chance to edit this cropping before finalizing your order online.
- Photos ship to the address you enter during the checkout process and at the speed you select. With current postal delays, prints are sometimes taking 10-14 days to arrive and downloads are immediately available for download.

If you need any support with school photos, please visit the photographer's website at [www.blue.photo](http://www.blue.photo)

The holidays can be stressful and sometimes parents need some help! The **WARM LINE PARENT COACHING from BANANAS is here to help!**

**Feeling stressed and need some parent coaching?** Every parent could use some perspective and advice at times. Children do not come with instructions and raising them can be a curious and challenging experience. BANANAS understands this and wants to help you get support through our FREE Warm Line Parent Coaching program. You can meet with a parenting expert in person or by phone for up to four FREE consultation sessions. For more information contact [warmline@bananasbunch.org](mailto:warmline@bananasbunch.org)

or (510) 658-7353 x107

A veces los padres se pueden sentir abrumados. Los niños no viene con instrucciones y a menudo tienen comportamientos desafiantes. Ser adulto y manejar el estrés de la vida ya es bastante difícil. Ser padre puede elevar ese estrés a un nuevo nivel. BANANAS entiende esto y quiere ayudarle a obtener el apoyo que necesita para manejar estos desafíos parentales. Estamos introduciendo el FREE Warm Line Parent Coaching program. Puede reunirse con un experto en crianza en persona o por teléfono para una consulta gratuita. Nuestros expertos en crianza escucharán sus inquietudes, observarán a usted y a su hijo/a y le darán consejos y referencias para otro servicio que continuará apoyándolo. NO esta solo! Llámenos para analizar cómo puede beneficiarse de este gran programa. Para los padres con niños de cerro a cinco años. Viviendo en Northern Alameda County. Para más información comuníquese con Angie al (510) 658-7353 ext. 209, o [angie@bananasbunch.org](mailto:angie@bananasbunch.org).

A **Facilities Subcommittee** is being formed to work on the long term needs of the Washington campus. We will work with staff to create a wish list and generate district support for our needs, including next year's long delayed cafeteria remodel. If you'd like to be a part of this group, please email Principal Hazen [katiahazen@berkeley.net](mailto:katiahazen@berkeley.net) You don't need any particular expertise, but folks from the building trades are always welcome!

**Holiday shopping can support Washington!** Anyone doing holiday cards this year can get a discount through Minted.com. Use the code FUNDRAISEWAES at the check out to receive a 20% discount and Minted will make a 15% donation to the Washington PTA! This discount is not just through the holidays but all year on any other items on Minted.com you may be interested in.

Also, Sports Basement Berkeley will hold a shopping discount week for Washington Families. From December 6-10, Washington families can shop at Sports Basement in Berkeley and receive a discount on all items and Sports Basement will donate a

percentage to the PTA if you mention Washington PTA at checkout.

**Vaccines are FREE and available for everyone 5 and older, regardless of insurance or immigration status.**

Families who have a medical home can sign up for vaccines from their primary healthcare provider (such as [Berkeley Pediatrics](#), [East Bay Pediatrics](#), [Kaiser](#), [Sutter](#), and [Kiwi Pediatrics](#)). Vaccines are also available at many local pharmacies, including [CVS](#) , [Walgreens](#) and [Safeway](#) .

Visit [Myturn.ca.gov](#) or [www.Vaccines.gov](#) to find walk-in clinics or to make appointments at many other clinics offering these services across the area. To find a vaccine site in Alameda County visit <https://covid19.acgov.org/vaccines#availability>

Stanford Health Care – ValleyCare Vaccines:

[https://stanfordhealthcare.org/discover/covid-19-](https://stanfordhealthcare.org/discover/covid-19-resource-center/patient-care/safety-health-vaccine-planning.html)

[resource-center/patient-care/safety-health-vaccine-planning.html](https://stanfordhealthcare.org/discover/covid-19-resource-center/patient-care/safety-health-vaccine-planning.html)

Please also continue to check the [City of Berkeley vaccination webpage](#) for additional opportunities.

**Testing at Berkeley Adult School (BAS) for Symptomatic Students**

BUSD is now operating a COVID-19 testing kiosk that will be open on Monday-Friday from 2:00 – 4:30 in the back parking lot of the Berkeley Adult School. This kiosk is open to BUSD students and staff who are concerned about having a COVID symptom and want to be tested with a free, supervised PCR test. No appointment is necessary. If you haven't already done so, please complete this [Primary Health registration form](#) so your student can be tested at school, if necessary, and at the Berkeley Adult School. This registration is only required for the first time someone tests.

If your student has COVID-19 symptoms, please do not bring them to their school to test. Your student may return to school with a negative PCR test (from the Berkeley Adult School testing site or from other outside testing) **and** when symptoms have improved **and** when they have not had a fever for 24 hours without the use of fever-reducing medicine. Most PCR test results are available within 48-72 hours.

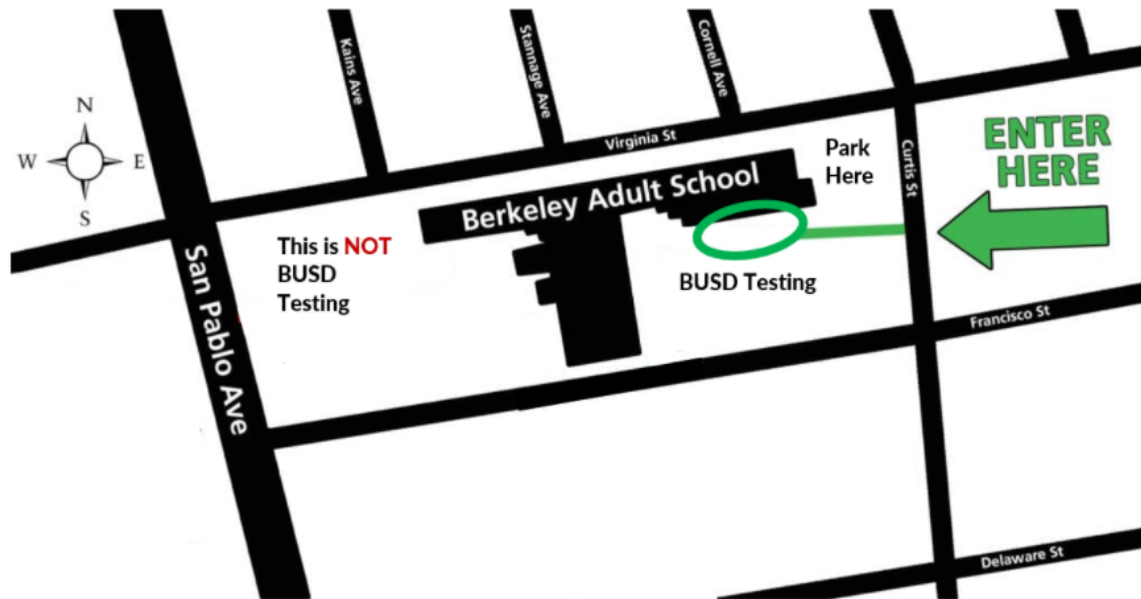
**Days:** Monday through Friday

**Time:** 2:00-4:30

**Location:** At the back parking lot of Berkeley Adult School, found on Curtis St. between Virginia and Francisco St.

**Special Directions:** Please park in the top parking lot, go to the testing table to be tested, and then exit through the Curtis St. entrance/exit again when you leave.

**Note:** Curative testing is being offered at the front parking lot of the Adult School. This is **not BUSD testing** and is not walkup testing.



### Pruebas en Berkeley Adult School (BAS) para Estudiantes y Personal Sintomático

BUSD está ahora operando un quiosco de pruebas COVID-19 el cual estará abierto de lunes a viernes de 2:00 a 4:30 en el estacionamiento de la parte posterior de Berkeley Adult School. Este quiosco está abierto a los estudiantes y al personal de BUSD que estén preocupados por tener un síntoma de COVID y quieran hacerse la prueba PCR gratuita y supervisada. No se necesita cita. Si usted aún no lo ha hecho, por favor complete este formulario [Primary Health registration form](#) de manera que su estudiante pueda recibir la prueba en la escuela. Esta inscripción es únicamente necesaria para la primera prueba de Primary Health.

Si su estudiante tiene síntomas de COVID-19, por favor no lo traiga a su escuela para hacer la prueba. Su estudiante puede regresar a la escuela con una prueba PCR negativa (del centro de pruebas BAS o de otras pruebas externas) **y** cuando los síntomas hayan mejorado **y** cuando no hayan tenido fiebre durante 24 horas sin el uso de medicamentos para reducir la fiebre. La mayoría de los resultados de la prueba PCR están disponibles en 48-72 horas.

**Días:** De lunes a viernes

**Horario:** 2:00-4:30

**Ubicación:** En el estacionamiento de la parte posterior de Berkeley Adult School, ubicado en Curtis St. entre Virginia y Francisco St. \

**Instrucciones Especiales:** Por favor, use el estacionamiento superior, diríjase a la mesa de pruebas para someterse a su prueba y, al salir, hágalo por la entrada/salida ubicada en Curtis St.

**Aviso:** Las pruebas Curative se ofrecen en el estacionamiento que se encuentra al frente de la Adult School. Estas no son **pruebas patrocinadas por BUSD** y no puede llegar sin previa cita.

**We need playground volunteers!** It's really challenging to staff noon supervision positions; if you have any extra time available to volunteer Monday - Friday 11 am to 12:40 pm, we need you! Please sign up [here](#).



# COVID-19 HOLIDAY TRAVEL GUIDANCE

As families make holiday travel plans, please be aware of the Center for Disease Control (CDC) guidance for travelers and plan accordingly in order to keep our school environments healthy and safe.



## International TRAVEL

	Not Vaccinated	Fully Vaccinated
Get tested 1-3 days before traveling out of the US	✓	
Mandatory test required before flying to US	✓	✓
Get tested 3-5 days after travel	✓	✓
Self-quarantine after travel for 7 days with a negative test or 10 days without test	✓	
Self-monitor for symptoms	✓	✓
Wear a mask and take other precautions during travel	✓	✓

Make sure you understand and follow all airline and destination requirements related to travel, mask wearing, testing, or quarantine, which may differ from U.S. requirements. If you do not follow your destination's requirements, you may be denied entry and required to return to the United States.



## Domestic TRAVEL

	Not Vaccinated	Fully Vaccinated
Get tested 1-3 days before travel	✓	
Get tested 3-5 days after travel and self-quarantine for 7 days. Self-quarantine for 10 days if you don't get tested.	✓	
Self-monitor for symptoms	✓	✓
Wear a mask and take other precautions during travel	✓	✓



Information sourced from the Centers for Disease Control and Prevention

**Friday Coffee Hour!** Your Washington PTA provides delicious free coffee every Friday morning on McKinley between the barriers from 8:15 - 9:15 am ish. Come and celebrate Fridays!

**Campus opens at 8 am** Please do not drop your child off prior to this time unless they are enrolled in the [BEARS](#) before school program. Thank you!

### Calendar Reminders:

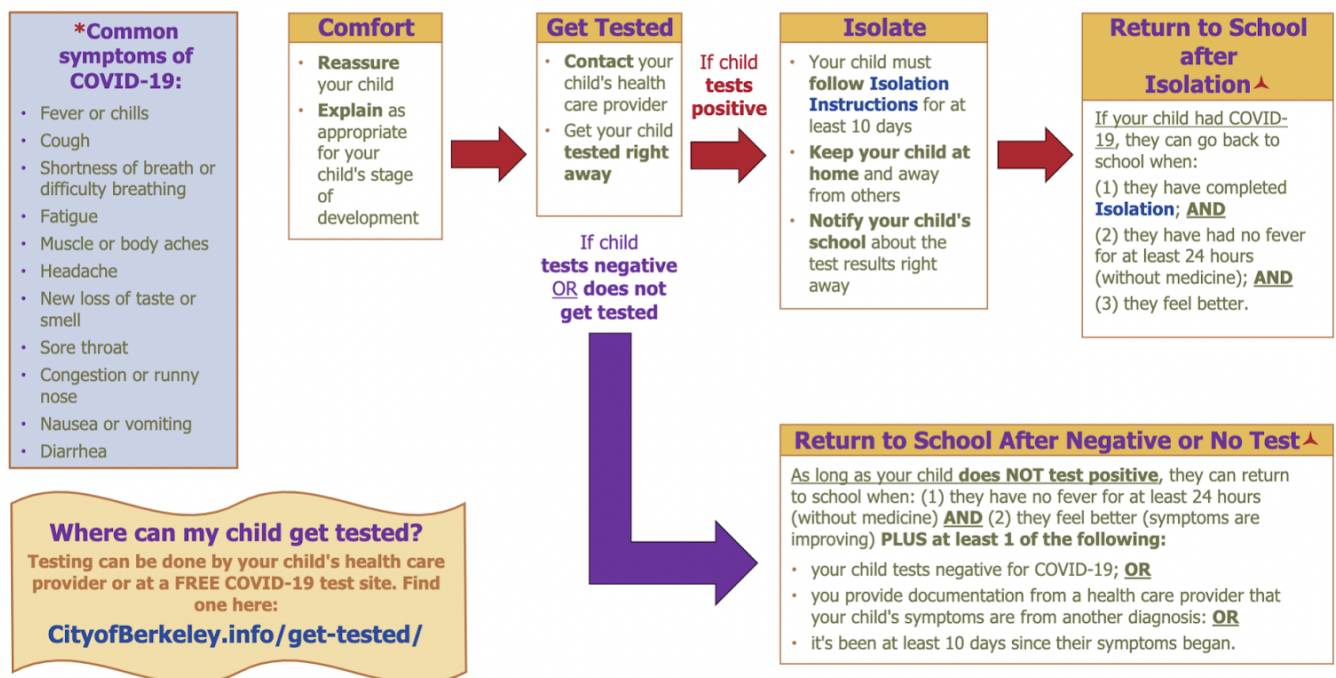
- ★ Dec 8 School Site Committee (SSC) 6 - 7 pm [Join Zoom Meeting](#) ID: 89421203453 Passcode: 009749
- ★ Saturday Dec 11 Winter Party 3 - 5 pm on the playground

- ★ Dec 14 EQ/Fire Drill 10:40 am
- ★ Dec 20 - 31 WINTER BREAK No School
- ★ Jan 3 First day back at school 2022

**If your child is absent for any reason**, please email [washingtonattendance@berkeley.net](mailto:washingtonattendance@berkeley.net) and copy your child's teacher. Thank you!

Questions or concerns? Please email Principal Katia Hazen at [katiahazen@berkeley.net](mailto:katiahazen@berkeley.net)

## What do I do if my child has COVID-19 symptoms\* with no known exposure? (applies to **VACCINATED** and **UNVACCINATED** children)



▲ Check school/program policy before sending your child back.

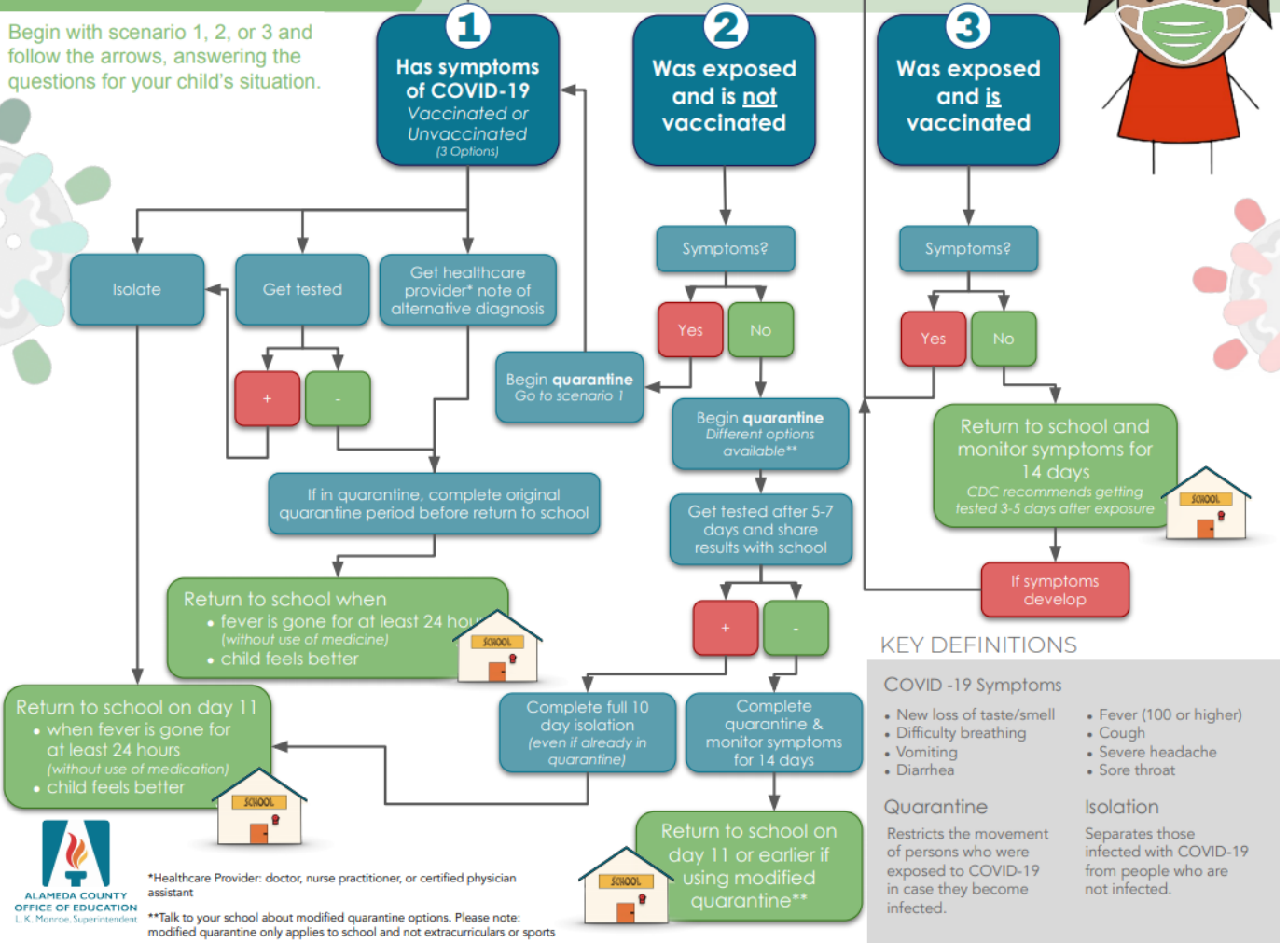
# COVID-19 Flowchart for Parents

Updated 8/5/21

## MY CHILD...



Begin with scenario 1, 2, or 3 and follow the arrows, answering the questions for your child's situation.



### KEY DEFINITIONS

#### COVID -19 Symptoms

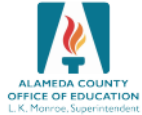
- New loss of taste/smell
- Difficulty breathing
- Vomiting
- Diarrhea
- Fever (100 or higher)
- Cough
- Severe headache
- Sore throat

#### Quarantine

Restricts the movement of persons who were exposed to COVID-19 in case they become infected.

#### Isolation

Separates those infected with COVID-19 from people who are not infected.



\*Healthcare Provider: doctor, nurse practitioner, or certified physician assistant

\*\*Talk to your school about modified quarantine options. Please note: modified quarantine only applies to school and not extracurriculars or sports

# How long to keep away from others (quarantine)

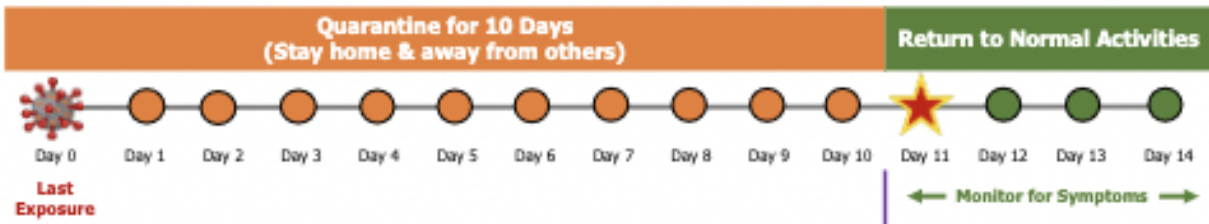
If you've had contact with someone with COVID-19

Applies to City of Berkeley Child Care, School & Youth Programs (9.17.21)

 Indicates first day released from quarantine

## 10-Day At-Home (Standard) Quarantine

Who's eligible?  
~ Children & adults  
~ Must be UNVACCINATED & ASYMPTOMATIC

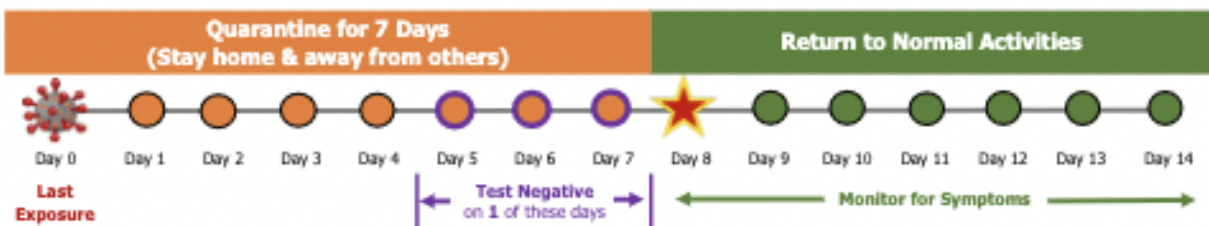


### REQUIREMENTS:

~ Students who develop COVID-19 symptoms or test positive during quarantine must isolate **immediately**

## 7-Day<sup>+</sup> At-Home (Shortened) Quarantine

Who's eligible?  
~ Children & adults  
~ Must be UNVACCINATED & ASYMPTOMATIC



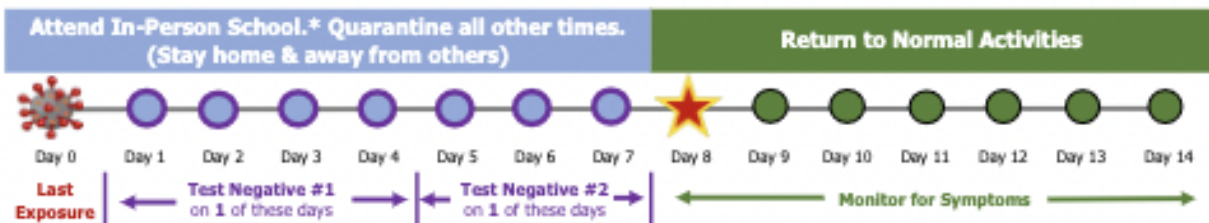
### REQUIREMENTS:

- ~ Test negative on or after Day 5 required to release from quarantine as early as Day 8
- ~ Students/staff who do not meet the testing timeline must switch to 10-day (Standard) Quarantine
- ~ Students/staff who learn of an exposure belatedly should calculate quarantine from their exposure date and meet test requirements from that point forward
- ~ Students/staff who develop COVID-19 symptoms or test positive during quarantine must isolate **immediately**

\*If test results are not received by the quarantine release date (Day 8), the student/staff should remain in quarantine until the negative test result is received or Day 11, whichever comes first.

## 7-Day<sup>+</sup> In-School (Modified) Quarantine

Who's eligible?  
~ Students - for exposures in supervised TK-12 school settings  
~ Must be UNVACCINATED & ASYMPTOMATIC  
~ Close contact & positive case both masked during exposure



### REQUIREMENTS:

- ~ Test as soon as possible after learning about the exposure.
- ~ Test negative on or after Day 5 required to release from quarantine as early as Day 8.
- ~ Students who do not meet the testing timeline must stop attending in-person class & switch to 10-day (Standard) Quarantine
- ~ Students who learn of an exposure belatedly should calculate quarantine from their exposure date and meet test requirements from that point forward
- ~ Students who develop COVID-19 symptoms or test positive during quarantine must isolate **immediately**

\*Students in Modified Quarantine may attend before- & after-school programs located on their own school campuses. No sports. No high-risk activities (e.g., wind instruments, choir). No participation in any other extracurricular or community activities. Stay home & away from others.

\*If test results are not received by the quarantine release date (Day 8), the student should remain in quarantine until the negative test result is received or Day 11, whichever comes first.