



Rhino Roar

News for the Washington community

Published weekly (mostly)

December 17, 2021

Links to [calendar](#) and past [newsletters](#) on [PTA website](#)

W I N T E R B R E A K

Wishing all families peace and rest this holiday season

School will resume on January 3, 2022

Students were issued home COVID testing kits. They should be given a COVID test on Friday 12/31 and Sunday Jan 2. See below for reporting instructions.

[Link to the PDF instructions \(English\)](#)

[Link to the PDF instructions \(Spanish\)](#)

At-Home COVID-19 Testing Before Returning to BUSD

Test Dates for Students and Staff: Friday, December 31 and Sunday, January 2.

Contact: covidcase@berkeley.net to report a positive test and enter results in Primary Health

Step 1: Get the following materials: (tests were sent home with students/staff)

- Two iHealth COVID-19 Antigen Rapid Tests with English instructions. [Spanish instructions are here.](#)
- A device with internet access for submitting your results to Primary Health or a phone to call in results.
- [Watch this video to learn how to test.](#) Learn [how to report results to Primary Health here.](#)

NOTE: If you/your student have already tested at BUSD or registered to test on Primary Health at any time this school year, please do not register again.

Step 2: Test your student (or yourself if you are a staff member)

- Test #1: Three (3) days before returning to school/work: (Friday, December 31)
- Test #2: The day before returning to school/work: (Sunday, January 2)

NO [COVID SYMPTOMS](#)/AND NO KNOWN EXPOSURE AND NEGATIVE? Return to school/work January 3.

For all other scenarios, see Step 3.

Step 3: Email covidcase@berkeley.net to let BUSD know about any of the

following:

- **POSITIVE TEST RESULT ON EITHER TEST DATE:** Stay home from school/work. Contact your doctor, and email covidcase@berkeley.net. Students or staff with positive results must isolate for 10 days.
- **SYMPTOMS/KNOWN EXPOSURE:** Whether testing positive or negative using the iHealth home test, students/staff with symptoms of COVID-19 should not return to school/work on January 3. Students/staff who are a known exposure to someone with COVID-19 should not return to school/work if they are not fully vaccinated. Please email covidcase@berkeley.net to follow steps to return to school/work.

Step 4: Share your test results on Primary Health.

PLEASE DO NOT use the iHealth app in the instructions or scan the QR code on the box.

- If staff or students **are not** already registered for BUSD's Primary Health testing, [register here](#). **If you/your student tested for COVID at BUSD this year or already registered to test - please do not register again.**
- Look for an email from Primary Health on or around December 31 with a link for uploading your results.
- **NO INTERNET? DID NOT GET THE EMAIL?** Call your test results in to **(650) 275-5419**.



Scan this QR code to learn how to test.

Questions about uploading results? Contact 650-275-5419

Prueba COVID-19 en el Hogar Antes de Regresar a las Escuelas de BUSD el 3 de Enero

Fechas de las Pruebas para los Estudiantes y el Personal; viernes, 31 de diciembre y domingo, 2 de enero

Contacto: covidcase@berkeley.net para reportar una prueba positiva e ingresar los resultados en Primary Health

Paso 1: Obtenga los siguientes materiales: (las pruebas fueron enviadas al hogar con estudiantes/personal)

- Dos iHealth COVID-19 Antigen Rapid Tests con las instrucciones en inglés. [Las instrucciones en español se encuentran aquí.](#)
- Un dispositivo con acceso a Internet para enviar sus resultados a Primary Health o una llamada telefónica para reportar los resultados.

- [Vea este video para aprender como administrar la prueba](#). Aprenda aquí [cómo reportar los resultados a Primary Health](#). AVISO: Si usted/su estudiante ya han recibido la prueba en BUSD o se ha registrado para recibirla en Primary Health en cualquier momento de este año escolar, por favor no se registre nuevamente.

Paso 2: Administre la prueba a su estudiante (o en usted mismo si es miembro del personal)

- Prueba #1: Tres (3) días antes de regresar a la escuela/trabajo: (viernes, 31 de diciembre)
- Prueba #2: El día antes de regresar a la escuela/trabajo: (domingo, 2 de enero)

¿SIN [SÍNTOMAS DE COVID](#) /SIN HABER ESTADO EXPUESTO Y NEGATIVO? Regrese a la escuela/trabajo el 3 de enero.

Para todos los demás escenarios, véase el paso 3.

Paso 3: Correo electrónico covidcase@berkeley.net para Informar a BUSD Acerca de lo Siguiete

- **RESULTADO POSITIVO EN CUALQUIERA DE LAS DOS FECHAS DE LA PRUEBA:** Permanezca en casa sin ir a la escuela/trabajo. Comuníquese con su doctor, y envíe un correo electrónico a covidcase@berkeley.net. Los estudiantes y el personal con resultados positivos deben aislarse durante 10 días.
- **SÍNTOMAS / EXPOSICIÓN CONOCIDA:** Tanto si la prueba resulta positiva como negativa utilizando la prueba casera de iHealth, los estudiantes/personal con síntomas de COVID-19 no deben regresar a la escuela/trabajo el 3 de enero. Los estudiantes / personal que estén expuestos a alguien con COVID-19 no deben regresar a la escuela / trabajo si no están completamente vacunados. Por favor envíe un correo a covidcase@berkeley.net para enterarse de los pasos a seguir para regresar a la escuela/trabajo.

Paso 4: Comparta los resultados de su prueba en Primary Health.

POR FAVOR, NO utilice la aplicación iHealth en las instrucciones ni escanee el código QR de la caja.

- Si el personal o los estudiantes no están ya inscritos en la prueba de Primary Health de BUSD, [inscríbese aquí](#). Si usted/su estudiante ya han recibido la prueba en BUSD este año, o usted lo registró para recibir la prueba, por favor no lo inscriba nuevamente.
- Espere un correo electrónico de Primary Health al rededor del 31 de diciembre con un enlace para subir sus resultados.
- ¿NO TIENE INTERNET? ¿NO RECIBIÓ EL CORREO ELECTRÓNICO? Llame usted con los resultados de su prueba al (650) 275-5419.



Escanee este código QR para saber cómo hacer la prueba.

¿Preguntas acerca de como subir los resultados? Comuníquese al 650-275-5419



COVID-19

HOLIDAY TRAVEL GUIDANCE

As families make holiday travel plans, please be aware of the Center for Disease Control (CDC) guidance for travelers and plan accordingly in order to keep our school environments healthy and safe.



International TRAVEL

	Not Vaccinated	Fully Vaccinated
Get tested 1-3 days before traveling out of the US	✓	
Mandatory test required before flying to US	✓	✓
Get tested 3-5 days after travel	✓	✓
Self-quarantine after travel for 7 days with a negative test or 10 days without test	✓	
Self-monitor for symptoms	✓	✓
Wear a mask and take other precautions during travel	✓	✓

Make sure you understand and follow all airline and destination requirements related to travel, mask wearing, testing, or quarantine, which may differ from U.S. requirements. If you do not follow your destination's requirements, you may be denied entry and required to return to the United States.



Domestic TRAVEL

	Not Vaccinated	Fully Vaccinated
Get tested 1-3 days before travel	✓	
Get tested 3-5 days after travel and self-quarantine for 7 days. Self-quarantine for 10 days if you don't get tested.	✓	
Self-monitor for symptoms	✓	✓
Wear a mask and take other precautions during travel	✓	✓



Information sourced from the Centers for Disease Control and Prevention

Calendar Reminders:

- ★ Dec 20 - 31 WINTER BREAK No School
- ★ Jan 3 First day back at school 2022

If your child is absent for any reason, please email washingtonattendance@berkeley.net and copy your child's teacher. Thank you!

Questions or concerns? Please email Principal Katia Hazen at katiahazen@berkeley.net

How long to keep away from others (quarantine)

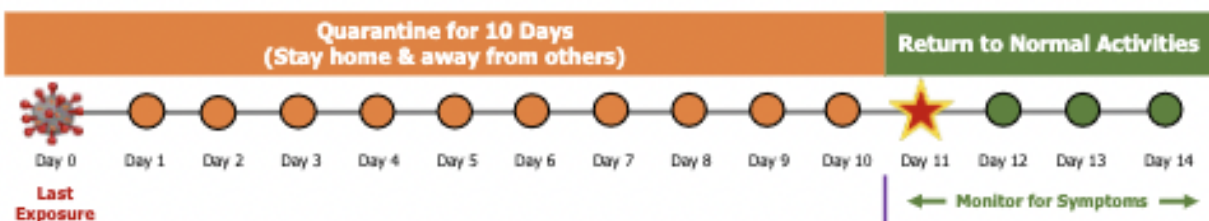
If you've had contact with someone with COVID-19

Applies to City of Berkeley Child Care, School & Youth Programs (9.17.21)

 Indicates first day released from quarantine

10-Day At-Home (Standard) Quarantine

Who's eligible?
~ Children & adults
~ Must be UNVACCINATED & ASYMPTOMATIC



REQUIREMENTS:

~ Students who develop COVID-19 symptoms or test positive during quarantine must isolate **immediately**

7-Day⁺ At-Home (Shortened) Quarantine

Who's eligible?
~ Children & adults
~ Must be UNVACCINATED & ASYMPTOMATIC



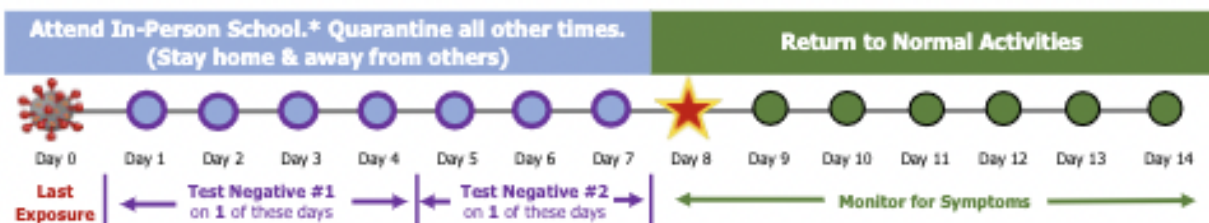
REQUIREMENTS:

- ~ Test negative on or after Day 5 required to release from quarantine as early as Day 8
- ~ Students/staff who do not meet the testing timeline must switch to 10-day (Standard) Quarantine
- ~ Students/staff who learn of an exposure belatedly should calculate quarantine from their exposure date and meet test requirements from that point forward
- ~ Students/staff who develop COVID-19 symptoms or test positive during quarantine must isolate **immediately**

*If test results are not received by the quarantine release date (Day 8), the student/staff should remain in quarantine until the negative test result is received or Day 11, whichever comes first.

7-Day⁺ In-School (Modified) Quarantine

Who's eligible?
~ Students - for exposures in supervised TK-12 school settings
~ Must be UNVACCINATED & ASYMPTOMATIC
~ Close contact & positive case both masked during exposure



REQUIREMENTS:

- ~ Test as soon as possible after learning about the exposure.
- ~ Test negative on or after Day 5 required to release from quarantine as early as Day 8.
- ~ Students who do not meet the testing timeline must stop attending in-person class & switch to 10-day (Standard) Quarantine
- ~ Students who learn of an exposure belatedly should calculate quarantine from their exposure date and meet test requirements from that point forward
- ~ Students who develop COVID-19 symptoms or test positive during quarantine must isolate **immediately**

*Students in Modified Quarantine may attend before- & after-school programs located on their own school campuses. No sports. No high-risk activities (e.g., wind instruments, choir). No participation in any other extracurricular or community activities. Stay home & away from others.

*If test results are not received by the quarantine release date (Day 8), the student should remain in quarantine until the negative test result is received or Day 11, whichever comes first.